



PEACE ADVOCATES FOUNDATION (PAF)

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The Board of Directors MGT Program

Date: 12th Aug 2024

RE: My Girl TRIBE project report July 2023 to July 2024

Background: Peace Advocates Foundation (PAF) is a community based organisation which was found in 2004 by committed citizens of Nyakiyumbu Sub County to advocates for the rights of children & reduce all forms of Gender Based Violence (GBV) in the different communities of Kasese. Importantly, the organization aims at mobilizing communities on food security through promoting food crop farming for both domestic use and Cash/income at group and household level. The need to support the most vulnerable class of the society (Widows, Orphans, Children, women, Youth including PWDs and the Elderly) often directly or indirectly affected by poverty related conflicts & access to resources presents a strong reason for PAF in the rural communities of Kasese District. PAF is registered with Nyakiyumbu S/C & Kasese District CBS Department **Reg.no. 1825**.

PAF is committed to promoting and advocating for sustainable Community led initiatives & innovations to redirect citizen's mindset for socio-economic transformation.

VISION: A community where everyone harness a non-Violent approach to peace building, rights based resource allocation for a self-reliant & empowered society.

Mission: To empower communities realize their potentials in exercising rights & responsibilities for improved health & livelihoods through partnerships with organizations of similar objectives.

The Project:

My girl "TRIBE" is an abbreviation standing for "TRANSFORMS, RESPECTS, INSPIRES, BELIEVES & EDUCATES" an INNER WELLNESS PROGRAM supported by Dream Sponsors Inc. presenting a formal Inner Wellness Program to complement other scholastic and sustainable trade education programming.

In recognition of the impact of gender equality around the world, Peace Advocates Foundation-PAF in partnership with Dream Sponsors, Inc., has empowered girls and women through creative, interactive way of learning. In this program, Girls are part of One TRIBE, no matter where on planet Earth they are. My Girl TRIBE seeks to unite women of all ethnicities, cultures and tribes, using their common womanhood to bond, inspire and lift each other up.

Sessions Trained	
Session 1:	“The Puzzle of Who We Are”: Putting Together the Pieces of Self-Esteem
Session 2:	Dream Tailoring: Tailoring the Dream Within!
Session 3:	Transforming “Stinking Thinking”: Changing Worriers to Warriors
Session 4:	Boys will be Boys: But Girls Will Stay Strong!
Session 5:	My Best Friend’s Name is “NO”: Boundary Setting for Success!
Session 6:	Breathing Your Way to Success!
Session 7:	It’s My Girl TRIBE ThingPERIOD! Turning Period Shaming into Positive Exclamation Points!

Project Goal; To enhance Girls self-esteem, envision dream goals, discover the power of their inner voice and understand menstrual health and feminine wellness for achieving future dreams.

Activities through which PAF implemented MGT program

- Procured assorted training materials to facilitate training of MGT trainers & girls
- Conducted mobilization & buy-in-meetings with head teachers and senior women teachers of the project schools about MGT program and its purpose to the girl child.
- Identified & trained my girl TRIBE program trainers for capacity building.
- Formation of my girl TRIBE Clubs of between 35-60 members each in the 7 schools
- Training my girls TRIBE Clubs in 7 modules on inner wellness and menstrual hygiene
- Monitoring and Follow up on my girl TRIBE Clubs for behavior change and transfer of Knowledge to other girls in the school & the community.

Support from partner schools to enable MGT training:

- School administration accepts partnership, provides time for training the Girls
- Mobilize 35-60 School girls of age 12 and above to be trained in my girl TRIBE program
- Provided Venue for training the Girls within the school premises during school hours
- School Admin provided one senior teacher responsible for MGT program at school

Project Achievements:

1. We have trained 534 Girls from 6 primary schools and the community on instilling self-esteem, inner wellness & menstrual hygiene in a period of 1 year 2023/24. Below are the primary schools with girls we have trained;
 - a) Bukangara Child Care primary school
 - b) St. Johns Primary school
 - c) Kyaminyawandi Primary school
 - d) St. Joseph Musyenene Primary school
 - e) Kinyamaseke Primary school
 - f) Katholhu Primary school
 - g) Community Girls out of school

The schools mentioned above were trained in 3phase. We had a target of training 500 girls by close of one year. This target has been achieved over and above.

2. Build a team of well mentored girls with practical life skills of girl to girl groups for triggering good behavior & discipline among girls in schools & beyond
3. We have enhanced mindset change for girls the trained girls to achieve and sustain set goals for their future.
4. MGT program widened PAF opportunity of working with schools in our rural areas of work. Vulnerable children in rural schools hardly access such services.
5. We have 5 cases of young mothers who have been restated in school because of MGT training. Some had tested marriage but agreed to come back to school. Their parents doubted that maybe they would get back to their boys. MGT training was timely. It has built powers of self-love and strength to start new life.

Success stories.1: My name is Masika Asnet, a pupil of St. Joseph Musyenene Primary school in Nyakiyumbu Sub County, before my girl training, I was not able to put pieces of self-esteem and self-love together. But now I am brave with great esteem for self-love. I request this program of MGT to reach out to more girls in our rural communities.

Success story. 2: My name is Kamalha Shamlar. Iam in primary seven at St.Joseph musyenene Primary school. I support my girl TRIBE program. Before the training, I had no idea about my periods and joined bad peer groups. But today, I was given moon beads to help me understand my inner health especially my periods and left bad groups and now focused. I ask MGT program to go on, GOD Bless you.

Success story 3. I'm in primary seven at Bukangara Child care primary school. MGT taught me how to know myself as a girl by giving us moon beads. It has enabled me to work hard in class so as to achieve my goal. Like I want to become an accountant in future. Before this program, I was much disorganized but am now brave. I remain Kabugho Janet.

Request & Recommendations:

1. My Girl TRIBE is a very new program here in my wider society. It should be given more attention to reach out to more girls.
2. This program should strengthen the follow up mechanism after girls trainings for getting clear cut success stories in transforming girls lives as a result of MGT interventions
3. There should be consideration of small motivation to the girls of MGT club members for motivation and sustainability of the programs in schools.

Appreciation: Peace Advocates foundation takes the pleasure to appreciate MGT program team and Dream Sponsors.Inc for every effort made to support our rural innovations. More so when our school was gutted by fire. YOU ARE A BLESSING TO OUR COMMUNIY.

Prepared by

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