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**WOMEN'S SMALL BUSINESS OWNERS UNITE TO RAISE AWARENESS AND
FUNDS FOR NEEDY KENYAN ORPHANS**

JEANNETTE, PA.-- New business owner, Carrie Masterson, founder of Supportive Foods Consulting Services, hosted a fun-filled evening, combining relaxation, fitness and healthy culinary delights, while raising over \$3000 to benefit Dream Sponsors, Inc., a non-profit sponsorship project benefiting needy orphans in Kenya, Africa. Special guest speakers included Sarah Harding-Traverso, of Sarah Harding Fitness, Inc., Miss Fitness USA 2004 & 2006, Cirque Du Soleil acrobat, and Pilates Instructor, who inspired the group with fitness information and offered a personal Pilates class. Massage Therapist Alice Kemp of Massage by Alice relaxed attendees with complimentary chair massages.

Masterson's sister, Carla Neumann, LMFT, founder and president of Dream Sponsors, Inc., presented the urgent needs of orphans in Kenya while highlighting the mission and vision of the Florida-based organization. The organization strives to provide nearly 100% of donations in direct support of the identified orphans, as their operational expenses are minimal due to their use of volunteers in the USA and Kenya. The organization is committed to assisting orphans with their basic needs, so the children can maintain their familial attachment with a relative caregiver, while being able to focus on scholastics, to eventually achieve their dreams and find their way out of a pervasive cycle of poverty.

“It was a great evening of sharing, learning and experiencing that inspired these women to give generously to help Kenyan orphans with food, clothing and school fees, so they can realize their dreams”, Masterson commented. “The orphan population is expected to swell to a staggering 2.3 million by 2010 in Kenya alone. This was an opportunity to help others in dire need, while also focusing on our own health needs.” Masterson focuses her services on educating the public on supportive foods and how they directly enhance our health and wellness at home, school, the workplace, in sporting and recreational activities...for a lifetime. She offers interactive, motivating cooking demonstrations to model supportive cooking techniques, educational lectures, tips for safe food handling, preparation and consumption and much more in a variety of interactive learning contexts. “It was through my healthcare experiences that I witnessed the negative results of an overfed, undernourished patient population that contribute to a myriad of chronic diseases which are now presenting in childhood,” she explained. Masterson has a sincere passion and desire to alter these disturbing trends in our country.

For more information on Supportive Foods Consulting Services call 724.244.6852 or email carriem@supportivefoods.com. For more information on how you can help an orphan in need, visit www.dreamsponsorsinc.org.